

## **Alkaline Water Stick**

Enjoy the health benefits of micro-clustered, oxygenated and ionised alkaline water with a pH of 9.0 – 9.5 and ORP of -200mv

# These sticks are:

- Convenient for travelling
- Don't require electricity
- Produce healthy water anytime
- Compact, easily fitting into a handbag or backpack.

The alkaline stick changes standard tap water into negative alkaline ionised water. This water helps Alkalize, Hydrate & Detoxify your body.

In 1931 Dr Otto Warburg was awarded the Nobel Prize for demonstrating through his work that many diseases (including cancer) cannot live in an alkaline, oxygenated environment. By using the Alkaline stick in as little as 30 minutes you can raise the pH and lower the ORP (mill voltage) of drinking water plus you can use the water ionizer stick for up to 800 Litres.

### **Usage:**

Before first use, place the unwrapped stick into a clean bottle filled half way with tap or bottle water. Shake vigorously for 30 seconds and dispose of water. This removes excess loose minerals and repeat this two more times.

- Fill the bottle again with water & shake vigorously for 30 seconds and wait 15 to 20 minutes before drinking.
- The longer the water sits with the Water Stick submerged, the stronger the ionization and the higher the pH (up to 9.5) as well as stronger negative charge (ORP) is attained. If the water tastes too strong simply dilute with additional source water.
- Use 1 stick for a 500 ml bottle and two sticks for a litre bottle. If you want faster stronger water simply add an additional stick.
- It is best to drink freshly made ionized water and to drink it often.

## Life span:

One stick can filter 800 litres of water. (Sticks are no longer active when chlorine tastes and/or smell is present.)