

## WATER COOLERS & WATER FILTERS "AWESOME WATER"

HEALTHY CLEAN & CLEAR LOW COST WATER FILTRATION

FILTER YOUR TAP WATER AND SAVE UP TO 80% ON YOUR BOTTLED WATER COSTS



### **Top 20 Reasons Why You Need To Filter Your Drinking Water Now**

Your family's safety is not merely your responsibility. It should be one of your greatest priorities in life. According to research, tainted drinking water makes as many as 1.1 million people ill each year.

You want to make sure that your family members are protected from different health risks and from being part of that statistic. Dangers can come from different sources so you have to be vigilant all the time.

As you strive to protect your family, you should be aware that some of the major culprits behind many serious health risks are likely penetrating your home on a daily basis – through your water faucet.

### ***Clean Water is a Basic Human Need***

Access to clean water is crucial for every family. We all need water for drinking, cooking, and for other purposes such as bathing, brushing, and washing. Clean water not only makes life more comfortable. It likewise preserves human health.

The problem here, of course, is that tap water can't always be trusted.

It may seem clean in appearance but keep in mind that tap water travels through pipelines before it reaches your home.

This water may pick up a lot of contaminants along the way. It may contain bacteria, chlorine, fluorine compounds, lead, mercury, pesticides and waste particles. Although the water will be disinfected and fortified along the process, you still can't be guaranteed that it will be 100% safe.



Consumption of contaminated water can lead to serious health issues and sometimes, the results can be lethal. In fact, statistics tell us that cholera, e. coli infection and other waterborne diseases claim about 1.5 million lives each year. The danger is real but the good news is that you and your family do not have to be victims if you do something about it.

### ***So, What Are Your Options for Clean Water?***

A lot of products are being marketed as clean drinking water to the public these days.

Some of the most common bottled products you will see on the market include purified water, distilled water, and spring water. How do they differ from one another? Which of them is cleaner when pitted against each other - purified water vs spring water or distilled water vs spring water? What is the best bottled water? Ultimately, which water is right for your family?

### **Here's a brief overview about each type of water:**

- You also have distilled water, a type of purified water that undergoes meticulous filtration which usually involves boiling and condensing. As with purification, both contaminants and natural minerals are absent in the water.
- Contrary to popular belief though, spring water does not come from fresh spring but from underground sources. Some researches indicate that several spring water products contain arsenic, coliform, phthalates and other contaminants.

Despite the advantages mentioned, each of these choices also have their own negative points. Also, many people are taking an issue about water bottles being environmentally hazards because they are hard to recycle and they eventually end up stagnant in garbage areas. Add to this the fact that transporting bottled water adds to the environmental strain on our planet. Many groups across the world are clamouring for a ban for bottled water products.



### ***What Is Filtered Water?***

What is water like when it's filtered? It's basically the same water from your faucet but better and healthier.

With the use of a good drinking water filtration system, water is purified by removing bacteria, pesticide, and other unnecessary elements without sacrificing quality. Many experts are hailing it as the better, healthier alternative to bottled water – and for many valid reasons.

### ***What Are the Advantages of Filtered Water?***

There are a lot of pros for choosing the filtered alternative.

Here are some of them:

#### **Filtered out chlorine for a healthier drink**

Chlorinated water is fine for swimming pools since it's a great way to treat the liquid. But swimming pool water isn't made for drinking since chlorine is harmful to humans. Nonetheless, tap water does contain some chlorine, so it's best to filter out your drink before tipping your glass.

#### **Save on water expenses**



You get to save big bucks too since you wouldn't have to buy expensive bottled water anymore. Imagine the amount of money you can save in just a year! Buying a filtration system can cost around \$100 and can be used for a year, depending on how much water you consume.

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**You reduce your carbon footprint and your strain on the environment**



Drinking bottled water means you have it delivered regularly. You also throw away the bottles. Even if you have these things recycled, the cost of having to process the material into something reusable still has a strain on the environment. When you use a filter, you reduce your trash and the cost of transporting the water.

**Helps your health**



Since chlorine and, by extension, other chlorine byproducts are already removed, you and your family will be healthier. Since your water is safer and your family is healthier, you will spend less on medicines prescribed for waterborne diseases. Eliminating one way to contract diseases can help you keep your family out of the sickbed. You can live a more productive life. Kids can go to school, adults can go to work plus you won't have to skip on scheduled family vacations because of water-related sickness.

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### **Preserves water quality**



Since you're removing contaminants in the water, this means that there is less in the liquid to decay. Water becomes foul over time because of the things in it, not because of the water itself. Filtering water takes away the substances that can rot or decay over time.

### **No gastrointestinal problems**



You have greater protection against gastrointestinal diseases since drinking water filters eliminate cryptosporidium and giardia from your drinking water. Some diseases like amoebiasis can be prevented and thus maintain the quality of life.

### **Stronger immune system for your children**



Your children, in particular, need access to the best drinking water. It will boost their immune system and make them stronger. This means that they get sick less often and can enjoy childhood even more when they aren't down with the flu.

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Various toxins that are likely present in dirty tap water from entering your body. Your kidneys will function properly in detoxifying your body if you drink filtered tap water. Think of it this way – the more you drink clean water, the more you increase your body's capacity to flush toxins out.

### Control your weight better



Maintaining your ideal weight will be easier with the right water. Besides, you do not absorb too much carbohydrates and sugar when you drink clean liquid. If you have weight problems, consuming more water than those with average bodies is recommended.

### Experience fewer headaches



Since the brain is composed of water for the most part, awesome water is crucial towards decreasing or alleviating headaches. Some studies have shown that drinking tap water can lead to migraines.

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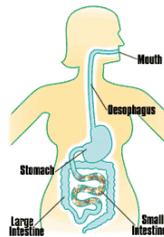
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### Improved digestive system



The digestion system requires fresh water in order to fulfill its functions. Metabolism improves and the body successfully flushes out its wastes. Some studies even say that starting your day with a cup of warm, clean water can do wonders for your body.

### Relieve your constipation



Individuals suffering from constipation will experience relief with clean water intake. It can also help restore normal bowel movement.

### Be more attractive



Clean water will make you beautiful inside and out. Your hair will look shinier, your skin will be softer, and your nail will be healthier – all because of the absence of chlorine in your water. You can also reduce acne and other skin-related disease when you drink enough water. Models and other professionals in the entertainment industry constantly drink water to keep their skin at optimal condition.

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### Tastier food



As you use clean water in washing and cooking your food, its natural taste is preserved. The contaminants and other bacteria in unfiltered water may change the taste of your food. Make sure you cook with the safest water you can find. Boiling water doesn't eliminate all harmful compounds, especially if there are heavy metals in your water.

### Cleaner air



Believe it or not, using the best water in the home has an impact on air quality. Besides, vaporized chlorine can be harmful. You can get respiratory illnesses from the chlorine in the air. With the chlorine particles gone, air becomes better and healthier for the entire household.

These are but a few of the numerous benefits you can gain as you partake of fresh water every single day.

Of course, you have to observe the expert's recommendations of taking adequate amount of water. We've all heard about the "8 glasses a day" rule but actually, it's advisable to go beyond that, especially for those who live active lives. Consuming a minimum of 10 glasses per day can bring wonderful results, but make sure you don't drink too much..

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If you are often engaged in physical activities, it is recommended that you increase your water intake. The same can be said regarding those living under extreme weather conditions (whether the climate is cold or hot). Doctors even encourage water therapy for most of their sick patients. Breastfeeding moms likewise need to replenish fluid in their body. Finally, smokers and alcohol drinkers will benefit from high water intake. Just bear in mind that aside from quantity, quality plays a vital role when it comes to water.

### ***Get a Filter Now***

Make sure that you ask, "How is water filtered?" Sometimes, activated carbon may not be enough.

Water that's filtered is definitely the right pick for the entire family. All these advantages are for you to grab so don't even think twice. You will experience the big difference and the best thing here is that you wouldn't have to spend a fortune for it. Having a healthier family is really crucial these days. Thankfully, that doesn't have to be a major investment if you choose the best drinking water.

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